

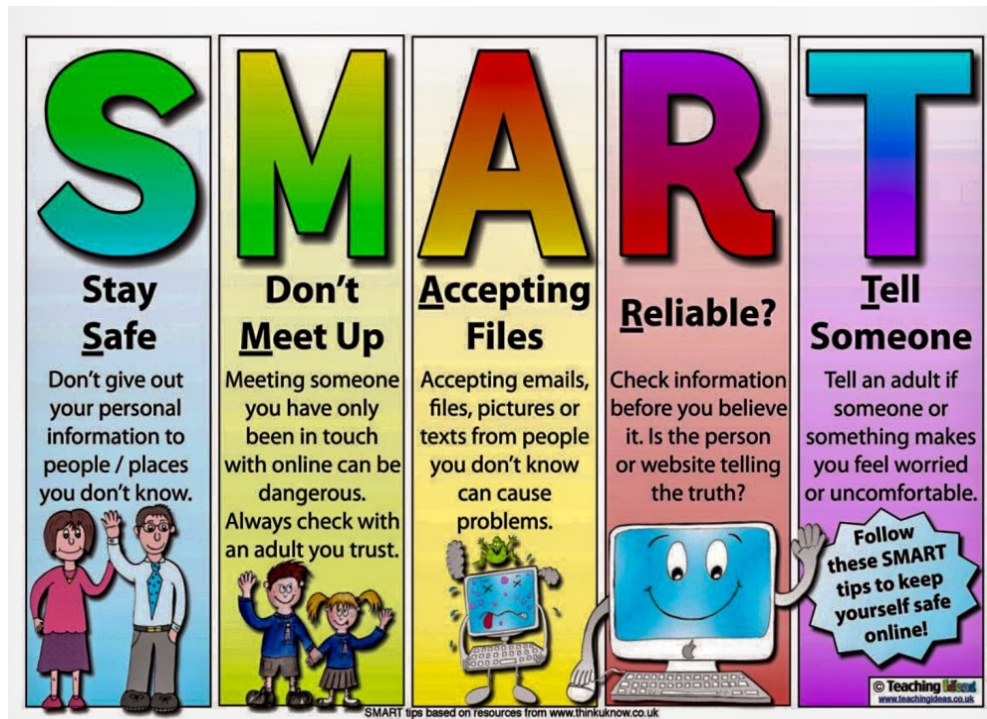
Internet safety for kids

Zululand Remedial Centre – Safety Newsletter – Term 2 2022






On the internet, you can find information and images about almost anything. Learning a few online safety tips for kids can keep them safe.

There is a wide range of dangers that can affect kids online:

- Contact with undesirable people, including predators, cyberbullies and phishing scammers
- Inappropriate content, such as sexually explicit content, violent or graphic content, obscene or age-inappropriate content and downloads of pirated materials
- Computer security issues



The SMART acronym is presented in five vertical panels, each with a large, colorful letter at the top. Below each letter is a key concept, a brief explanation, and an illustration. A starburst graphic at the bottom right of the 'T' panel encourages following the tips.

S	M	A	R	T
Stay Safe	Don't Meet Up	Accepting Files	Reliable?	Tell Someone
Don't give out your personal information to people / places you don't know.	Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust.	Accepting emails, files, pictures or texts from people you don't know can cause problems.	Check information before you believe it. Is the person or website telling the truth?	Tell an adult if someone or something makes you feel worried or uncomfortable.
				

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SMART tips based on resources from www.thinkuknow.co.uk



The graphic features a large '10' in red and 'INTERNET SAFETY TIPS FOR PARENTS' in teal. Ten numbered tips are listed in rounded rectangular boxes, alternating between white and light blue backgrounds. A Creative Commons license and the author's name are at the bottom.

10 INTERNET SAFETY TIPS FOR PARENTS

- 1 Don't block all access to technology. Help your child learn to use tech **safely and positively**.
- 2 Take an **interest** in your child's favourite apps or sites. Co-view or co-create at times.
- 3 Be the parent. You're in charge. Set **boundaries** and consider using filtering software.
- 4 Create a family media **agreement** with tech free zones such as cars, bedrooms, and meals.
- 5 Teach your child what **personal information** they should not reveal online (YAPPY acronym).
- 6 Help your child learn to **filter** information online and navigate fact from fiction.
- 7 Navigate digital **dilemmas** with your child. Avoid using devices as rewards or punishments.
- 8 **Balance** green time and screen time at home. Focus on basic developmental needs.
- 9 Don't support your child to sign up for sites with **age restrictions** (e.g. 13+) if they're underage.
- 10 **Learn more:** Explore reliable resources for parents so you can educate yourself.

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