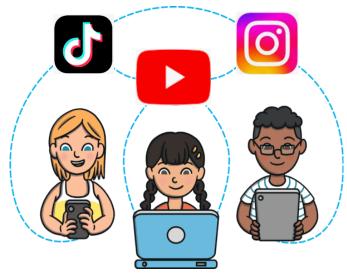# INTERNET SAFETY

The internet can be a dangerous place for children. Children like going online to look at videos, play games and connect with friends and family. School-age children are engaging on platforms, such as YouTube, Tiktok and Instagram, and it is important for them to know the possible dangers out there and how to ensure internet and social media safety. Here are some safety guidelines to ensure the safety of your child.

Children Need To:

- Keep adults informed of your internet activity.
- Keep any accounts on private, so no strangers have access to your personal information.
- Report any instances of cyberbullying you see.
- Be kind to others on the internet.
- Use only a screen name
- Always tell a parent or another trusted adult about any communication or conversation that was scary or hurtful.

Children Must NOT:

- Click on unreliable links or websites.
- Share passwords (other than with parents)
- Agree to get together in person with anyone met online without parent approval.
- Post their location, personal information or personal photos online.
- Respond to a threatening email, message, post, or text.
- Share information with strangers or people they don't know.
- Download something without an adult's permission.

Basic guidelines for parental supervision:

- Spend time online together to teach your kids appropriate online behaviour.
- Keep the computer in a common area where you can watch and monitor its use, not in individual bedrooms.
- Monitor any time spent on smartphones or tablets.
- Bookmark kids' favourite sites for easy access.
- Check your credit card and phone bills for unfamiliar account charges.
- Find out what, if any, online protection is available where kids could use a computer without your supervision.
- Take your child seriously if he or she reports an uncomfortable online exchange.